

*Join Us For a*

# **VIRTUAL -UP**

**Help Kaseman Health Clinic  
Improve Health Disparities**

**Saturday, November 14, 2020**  
Virtually at 6:30 p.m.

*Event Chair*  
**Bridget Donnell Newton**  
Mayor, City of Rockville

*Master of Ceremonies*  
**Gabe Albornoz**  
Montgomery County  
Councilmember

Mansfield Kaseman  
**HEALTH CLINIC**

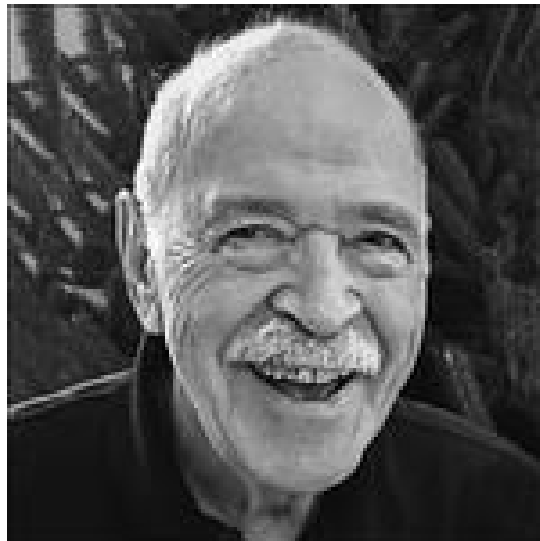


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A SUBSIDIARY OF COMMUNITY REACH OF MONTGOMERY COUNTY

# In Memory of Dr. Dennis F. Cain

Dennis co-founded the Rockville West End Citizens Association, served as chair of the Minority Relations Committee of Montgomery County Public Schools, and served on many other committees in his quest to make his adopted home of Rockville the best community it could be.



As we celebrate Mansfield Kaseman Health Clinic, let's also celebrate the life of Dennis, who researched cancer treatments in his professional life, and in his personal life was instrumental in the planning and opening of this first permanent health clinic in Rockville.

*Bridget & Fred Newton*

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CREATING THE  
BELOVED COMMUNITY  
IN PARTNERSHIP WITH MKHC



Together We Are Keeping Hope Alive

Rev. Mansfield "Kasey" Kaseman  
Montgomery County Interfaith Community Liaison  
Office of Community Partnerships  
[www.MontgomeryCountyInterfaithMD.org](http://www.MontgomeryCountyInterfaithMD.org)

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## It takes a Village



The village of Kaseman Health Clinic  
includes our Board, Medical Providers,  
Administrative Staff, Volunteer, Supporters, Patients,  
City & County Partners,  
& so many more.

**Thank you for helping us lower  
Health Disparities in our community!**

– Donna R. Perry, MD

Proud to serve on the



Board of Directors  
& provide health care as a  
*pro bono* Pulmonologist  
to our patients

~Angeline Lazarus, MD



## Letter from Our Event Chair, The Honorable Bridget Donnell Newton

**I**n 2019, we celebrated the 10th anniversary of Mansfield Kaseman Health Clinic with a wonderful event where we hugged, dined at the same table, and stood only far enough away that we did not invade each other's "personal space." And we could see each other's mouths, cheeks and chins!

Twelve months later, our world is very different. "Personal space" has been replaced with "social distance;" we touch elbows if we touch at all; and we smile with our eyes rather than our mouths. For most, social comfort currently means online celebrations rather than in-person events. So tonight, we meet online to celebrate the Mansfield Kaseman Health Clinic, while illuminating the real need the Clinic fills in our community. COVID-19 has not only changed the way we interact; it has shined a light on the health disparities in our own community. It has more clearly shown what causes the disparities and how they can be changed.

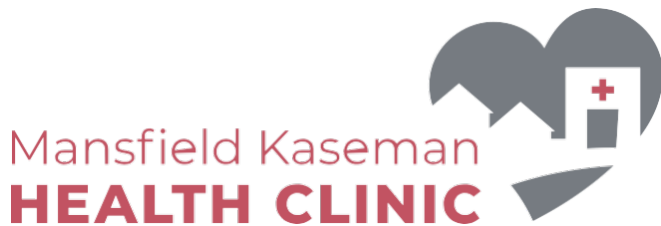
We know income affects access to health care. We know COVID strikes harder in our population of immigrants and people of color. We also know places like Kaseman Health Clinic provide access to quality healthcare for low-income adults, immigrants, people of color, in Rockville and Montgomery County. In the midst of this pandemic, that access is not only helpful and life altering, it may be lifesaving. Tonight, you will hear more about the barriers to health faced by the most vulnerable in our community. You will learn more about how Kaseman Health Clinic breaks down those barriers and helps our vulnerable face down COVID-19.

Although the facts that will be shared are sobering, the work of Kaseman Health Clinic is worth celebrating. When we determine the facts, we can work to change them. Kaseman Health Clinic is helping to change these facts each and every day. Tonight let's celebrate Kaseman Health Clinic and support this journey!

Thank you for joining me this evening,

*Bridget Donnell Newton*

**Bridget Donnell Newton**  
Mayor, City of Rockville  
and Chair, MKHC 2020 Event Committee



Mansfield Kaseman  
**HEALTH CLINIC**

A SUBSIDIARY OF COMMUNITY REACH OF MONTGOMERY COUNTY

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8 West Middle Lane  
Rockville, MD 20850  
Phone: 301-917-6800  
Fax: 301-917-6810

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**CMRocks.org**

**C**ountry of birth, where your parents were born, ability to speak English, the color of one's skin, education level, access to fresh fruits and vegetables, all affect health. Income affects health and everything above can affect income. Health disparities due to one's income, race, or country of origin, exist throughout the U.S., even here in our own community.

Mansfield Kaseman Health Clinic is determined to lessen the health disparities in our own communities of Rockville and Montgomery County. We are fortunate to live in a community that cares a great deal about our neighbors. We are fortunate that so many share our vision of a community where all medically underserved residents have access to quality care in a comprehensive health care center. Every day with our supporters, community partners, volunteers, staff, and board working together, we get closer to making that vision the reality in our community.

Thank you for joining us this evening. Thank you for helping us achieve our mission and move closer to attaining our vision. We hope the evening is fun and exciting as well as thought provoking. We hope you will join us at future (live or virtual) events. We also invite you to reach out to us directly if you would like to learn more about the Kaseman Health Clinic and the people we serve, or how you can become more involved.

With Appreciation,

Donna R. Perry, MD  
Board Chair

Agnes Saenz  
Executive Director



COMMUNITY REACH OF MONTGOMERY COUNTY



# THANK YOU TO OUR SPONSORS

## RESTORATIVE \$10,000

The Honorable Bridget Donnell  
& Frederick W. Newton  
*In Memory of Dennis F. Cain*

## REJUVENATING \$5,000

Drs. Angeline Lazarus & Samathanam Abraham  
Donna R. Perry, MD

## HEALING \$2,500

Mansfield "Kasey" & Dianne Kaseman  
Bill & Barb Scharf

## THERAPEUTIC \$1,000

John Britton & Katherine Treiman  
Edward Feroli  
Sheila Levin, MD  
Paul Love  
Stein Sperling Bennett De Jong Driscoll PC  
Thomas & Barbara Walsh  
Tom & Bobbie Wolf



## EDUCATING \$500

Drs. Judy & Michael Ackerman  
Assured Partners - Early Cassidy & Schilling  
Jim Dawson & Suzanne Rotbert  
Jody Eccleston & Bill Gustavson  
El Mariachi Restaurant  
Jim & Kay Fenton  
Rev. Denise Giacomozzi & Mr. Jan May  
Suzanne & John Junod  
Chuck & Carol Lee  
Lewis Orchards  
Paul & Jackie Lobien  
Jim & Cynthia Marrinan  
Miles & Stockbridge Foundation, Inc.  
Frank Molony & Carroll Saussy  
Montgomery College  
Brenda H. Rosa  
Fernando & Lucia Rossel  
The Saenz Family  
Tim Stranges & Rosanna Coffey  
John Tyner

## ALLEVIATING \$250

Patricia Ameling  
Richard Bohrer  
Coakley Realty  
Tony Conrad  
Beryl & Ed Feinberg  
Emma James  
Kaseman Health Clinic Staff  
Mark Pierzchala & Lesley Cross  
Pat & Lou Kallas  
Richard & Pat Schaefer

## CONTRIBUTORS

Gary & Claire Funkhouser  
Winifred Herrmann  
Marysue Pletcher  
T. E. Vander Male  
Marlene Wolfgang



Congratulations,  
**Kaseman Health Clinic,**  
for reducing  
health disparities  
& providing Health Care to  
the most vulnerable.

**LET'S KEEP ON CLIMBING!**

- Frank Molony & Carroll Saussy



John Britton & Katherine Treiman  
thank & congratulate  
the Kaseman Health Clinic  
for its valuable service to  
our community.

Thank you, Mansfield Kaseman  
Health Clinic, for your  
compassionate caring of our most  
vulnerable community members.

- Edward Feroli

A special thank you  
to the dedicated  
**Board, Staff &  
Volunteers**  
of the  
**Kaseman  
Health Clinic.**

- Bill & Barb Scharf



# OUR KASEMAN HEALTH CLINIC BOARD



**Donna R. Perry, MD**  
**Board Chair**



**Barbara Courtney, MS**



**Lynette Gannaway**



**Angeline Lazarus, MD**



**Jackie Lobien, RN**



**Stephanie Wright, FNP**



**Sheila Levin, MD**  
**Medical Director**  
**Ex-Officio**



**Paul Love**  
**Chair, Reach Board**  
**Ex-Officio**



**Agnes Saenz**  
**Executive Director**  
**Ex-Officio**

# RECIPES FOR FOOD DEMONSTRATIONS & EVENT COMMITTEE

Chair: Bridget Donnell Newton, Mayor, City of Rockville

Jody Eccleston

Lynn Gertzog

Andrea Kempner-Wink

Carmen Lezama

Jackie Lobien

Donna R. Perry, MD

Agnes Saenz

## RECIPE FOR A HEALTHY APPETIZER

### El Mariachi Restaurant Guacamole

3 Avocados, halved with pits removed

¼ C Yellow Onion, coarsely chopped

¼ C tomato, coarsely chopped

2 T Jalapeno, seeds removed, finely chopped

3 T Cilantro, stems removed, finely chopped

2 t Garlic, finely chopped

½ t Salt

1 t Lemon Juice

Scoop avocado pulp from skin and place pulp in a stainless steel bowl.

Add all other ingredients to the bowl. Using a kitchen whisk, gently smash and stir all ingredients until avocado is creamy and all ingredients are well incorporated. Serve immediately with tortilla chips.



## RECIPE FOR A CELEBRATION BEVERAGE

### El Mariachi Mock Strawberry Margarita

½ C Cubed Ice

¾ C Daily's Strawberry Mix

Splash Lemon Lime Soda

Lime Wedge

Place ice in a cocktail shaker. Add strawberry mix and lemon lime soda. Cover and shake 3 times. Uncover and pour into a margarita glass. Garnish with lime wedge.

*For adults over 21 who would prefer a cocktail margarita, 1 ¼ ounce of tequila may be added in place of lemon lime soda.*



## EVENING PROGRAM

### Welcome

Board Chair Donna R. Perry, MD & Executive Director Agnes Saenz

### Healthy Appetizer Demonstration

Chef of El Mariachi Restaurant

### Remarks

Bridget Donnell Newton, Mayor, City of Rockville  
*Event Chair*

### Remarks

Gabe Albornoz, Montgomery County Councilmember  
*Master of Ceremonies*

### Message from Sonia Qasba, MD, MPH

*Infectious Disease Specialist*

### Message from Monique Ashton, MPH

*City of Rockville Council Member*

### Message from Travis Gayles, MD, PhD

*Montgomery County Health Officer*

### “Healthy” Drink Demonstration

### Kaseman Health Clinic Presentation

### Thank You

Bridget Donnell Newton, Donna Perry, Agnes Saenz



Please welcome our  
newest  
Mansfield Kaseman  
Health Clinic  
Board Member,  
Bridget Devlin Plummer,  
RN, BSN

## To our MKHC Staff & Volunteers

You have worked tirelessly  
throughout this crisis so we  
could continue to care for our  
patients. Their health was your  
greatest concern.

**You are the Heroes!**

Thank you,  
*Sheila Levin, MD*  
MKHC Medical Director

Thank you, Paul Love,  
for your support of Reach and the  
Kaseman Health Clinic as a sponsor  
and as Board Chair for Reach.  
Thank you for sharing our mission to  
serve the most vulnerable in  
our community.



Thank you,  
Thomas &  
Barbara Walsh  
for your  
continued  
support of the  
Kaseman Health  
Clinic

Reach & MKHC  
thank  
Stein, Sperling,  
Bennett,  
De Jong,  
Driscoll P.C.  
for their strong  
support of our  
community



## BIOGRAPHIES OF OUR SPEAKERS

**El Mariachi Restaurant** has been serving Tex-Mex, Spanish, and Mexican cuisine made with fresh ingredients to Rockville patrons since 1991. The organization has supported both the Kaseman Health Clinic and Community Reach of Montgomery County with sponsorships, gift cards, discounts for our client holiday party, and much more for many years. Their food is excellent!

**S. Sonia Qasba, MD, MPH**, is an infectious disease specialist at Johns Hopkins University/Suburban Hospital. Dr. Qasba has also worked as a Pediatric ER Physician. She received her medical degree from Howard University College of Medicine and performed her fellowship at Georgetown University Hospital. Dr. Qasba is board certified in Internal Medicine, Infectious Disease, and Pediatrics.

**Monique Ashton, MPH**, is a community activist who is serving in her first term as a Rockville City Council Member. Ms. Ashton's personal experiences seeing health disparities affect her family, led her to study public health. Her position as a Senior Vice President at Ogilvy focuses on public health and science. Before moving to Ogilvy, Ms. Ashton was a communications and public health advisor for the U.S. Department of Health and Human Services – Office of Minority Health. Along with her Master's Degree in Public Health from George Washington University, Ms. Ashton has taken courses in South Africa and Dominican Republic. She has been very active in Rockville and Montgomery County, especially within our public school system, taking on positions from serving on the Board of the Montgomery County Council of PTAs, and the Boundaries Committee to NAACP Parent Liaison. Ms. Ashton lives in Rockville with her husband and children.

**Travis Gayles, MD, PhD**, is the Montgomery County Health Officer and is working closely with Montgomery County Executive Marc Elrich as they work to control the spread of COVID-19 in our community. Before coming to Montgomery County, Dr. Gayles was the Chief Medical Officer of the DC Department of Health's HIV/AIDS, Hepatitis, Sexually Transmitted Diseases, and Tuberculosis Administration (HAHSTA) and Chief for the Division of STD-TB Control. He received his PhD in Community Health (Health Policy) and MD from the University of Illinois, Urbana-Champaign, and completed his residency in pediatrics. Dr. Gayles is a former board member of the Maryland Medicaid Advisory Committee, and has served on many other medical/public health boards. In addition, Dr. Gayles has been a faculty associate in the Johns Hopkins Bloomberg School of Public Health.

*Tom & Bobbie Wolf support the work of the*  
**Kaseman Health Clinic** *in service to the Medically Vulnerable*

## DINING SUGGESTIONS

Although the Kaseman Health Clinic is unable to provide a dinner for our guests this year, the event committee suggests you consider ordering a meal from one of our local restaurants. Here are some restaurants that have supported MKHC or Community Reach of Montgomery County.

Amici Mieì

Armand's Pizzeria & Grill

Botanero

Clyde's Tower Oaks

Coastal Flats

Dawson's Market

El Mariachi

Fontina Grille

Mosaic Cuisine

Saffron Indian Cuisine

Seasons 52

Silver Diner

Spice Xing

Trapezaria



## SOME INFORMATION ABOUT HEALTH DISPARITIES

Definition from CDC: Health disparities are preventable differences in the burden of disease, injury, violence, or in opportunities to achieve optimal health experienced by socially disadvantaged racial, ethnic, and other population groups, and communities.

- Country of birth affects health
- Where your parents were born affects health
- Ability to speak English affects health
- The color of one's skin affects health
- Education level affects health
- Access to fresh fruits and vegetables affects health

**Income is the major barrier to quality healthcare, and *everything* above affects income.**

### LOW INCOME FAMILIES ARE LESS LIKELY TO HAVE

Access to medications for acute and chronic diseases  
Safe, Healthy and Affordable Housing  
Access to Healthy Food  
Access to Health Education  
Access to Reliable Transportation  
**Access to Health Care**

### LOW INCOME RESIDENTS HAVE A HIGHER RATE OF DEVELOPING

- Diabetes
- Obesity
- Hypertension (high blood pressure)
- Stroke
- Heart Disease
- Cancer

# KASEMAN HEALTH CLINIC FACTS & FIGURES

## Patients Identify As

Hispanic (78%)  
Non-Hispanic Black (14%)  
Asian/Pacific Islander (6%)  
Non-Hispanic White (2%)

## Patients Have an Annual Income of

Less than \$12,760 (36%)  
*(Federal Poverty Level)*

Between \$12,760 and \$31,900 (63%)  
*(Montgomery County Self Sufficiency level)*

Above \$31,900 (1%)

## First Language of Patients

Spanish (74%) English (21%)  
French (2%) Tagalog (1%) Portuguese (1%)

## Chronic Disease in Kaseman Health Clinic Patients

Diabetes 28% *(U.S. population 10%)*  
Hypertension 60% *(U.S. population 45%)*

## The Good News

Kaseman Health Clinic exceeds HEDIS\* rates for  
Diabetes Glucose (A1c below 8) Control  
Hypertension (blood pressure below 140/90) Control  
Breast Cancer Screening  
Cervical Cancer Screening  
Colorectal Cancer Screening  
Depression Screening

*\*Healthcare Effectiveness Data Information Set (HEDIS) measures Quality of Care for chronic care screenings.  
Medical facilities that meet or exceed HEDIS are assessed as providing excellent care.  
HEDIS is one of the most widely used performance measurements.*

# MEET THE KASEMAN HEALTH CLINIC STAFF



**Medical Director  
Sheila Levin, MD**



**Executive Director  
Agnes Saenz**



**Clinic Manager  
Carmen Lezama**



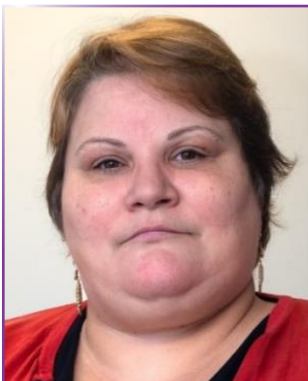
**Nurse  
Sandra Galvin, LPN**



**Primary Care  
Leslie Boylan, FNP-BC**



**Medical Assistant  
Magda Tranamil**



**Front Desk  
Deanna Melara**



**Patient Eligibility Coordinator  
Teresita Castro**



**Medicaid Biller  
Jody Eccleston**

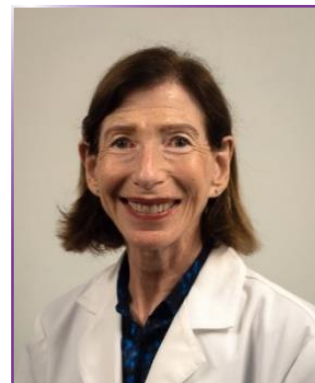
## MEET OUR VOLUNTEER PROVIDERS



**Blanca Cuerva**  
Behavioral Health



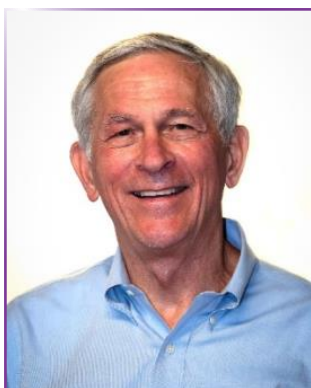
**Dr. Michael Dempsey**  
Endocrinology



**Dr. Sheila Levin**  
Gastroenterology



**Dr. Claudia Taubman**  
Gynecology



**Dr. Thomas Miller**  
Internal Medicine



**Dr. Urvi Mehta**  
Internal Medicine



**Stephanie Wright**  
Nurse Practitioner



**Dr. David Baek**  
Podiatry



**Dr. Angeline Lazarus**  
Pulmonology

## **OUR MISSION:**

To provide quality, culturally appropriate primary medical care, preventive services, patient navigation, and referrals to specialty care to Montgomery County adult residents who are medically underserved.

## **OUR VISION:**

All medically underserved residents of the community will have access to quality care in a comprehensive health care center.

## **HOW TO HELP:**

Volunteer: Translator (Spanish/English), Medical Specialist  
(licensed in Maryland), COVID-19 Tester

Donate Supplies: especially cleaning & paper supplies  
(our wishlist is on our website at [www.CMRocks.org](http://www.CMRocks.org))

## **Donate Funds:**

- \$35** could provide a Co-pay for a patient
- \$50** could cover the expense of a comprehensive Lab test panel
- \$100** would provide a patient with an EKG
- \$250** is the cost to stock our pharmacy with a 3-month supply of over-the-counter medication
- \$450** is the patient cost for the Montgomery County Maternity Partnership Program



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