

## VIRTUAL CHECK UP EVENT COMMITTEE

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### RECIPE FOR A HEALTHY APPETIZER

#### El Mariachi Restaurant Guacamole

3 Avocados, halved with pits removed

¼ C Yellow Onion, coarsely chopped

¼ C tomato, coarsely chopped

2 T Jalapeno, seeds removed, finely chopped

3 T Cilantro, stems removed, finely chopped

2 t Garlic, finely chopped

½ t Salt

1 t Lemon Juice

Scoop avocado pulp from skin and place pulp in a stainless steel bowl.

Add all other ingredients to the bowl. Using a kitchen whisk, gently smash and stir all ingredients until avocado is creamy and all ingredients are well incorporated. Serve immediately with tortilla chips.



### RECIPE FOR A CELEBRATION BEVERAGE

#### El Mariachi Mock Strawberry Margarita

½ C Cubed Ice

¾ C Daily's Strawberry Mix

Splash Lemon Lime Soda

Lime Wedge

Place ice in a cocktail shaker. Add strawberry mix and lemon lime soda. Cover and shake 3 times. Uncover and pour into a margarita glass. Garnish with lime wedge.

*For adults over 21 who would prefer a cocktail margarita, 1 ¼ ounce of tequila may be added in place of lemon lime soda.*