



CMR NEWS & VIEWS

Community Ministries of Rockville

September/October 2018

In This Issue:

IRAs and Charitable Giving * Comedy Night
Elderly Ministries Success * Rockville Rewards Cards
Elderly Ministries Celebrates 35 Years * Election Workers Wanted
Winter Holidays are Approaching
Worth Noting * Volunteer Opportunities

IMPORTANT INFORMATION ABOUT TRADITIONAL IRA'S Ways to Be Charitable While Helping Your Bottom Line

Changes in the 2018 tax laws may alter the most beneficial ways for supporters to provide donations to organizations that speak to one's heart. Those who previously used charitable giving tax write-offs to increase the amount they were able to give may no longer have that avenue available.

For older adults who have retirement accounts, here is one path of giving that may not only provide that opportunity to be more charitable. It may also significantly lower various taxes one is required to pay.

If you are 70 ½ years of age or older and hold a Traditional IRA, you must take a Required Minimum Distribution ("RMD") every year. The RMD is taxable, which can not only increase your tax obligation, but it can impact how much you pay for Medicare premiums.



There is an alternative, for those who are charitably-minded. It is called the Qualified Charitable Distribution ("QCD"). If one donates some or all of this RMD amount to a qualified 501(c)(3) charity, the donated amount will not be taxable. If you are interested in making this type of contribution to Community Ministries of Rockville, once you have consulted your tax adviser please contact CMR's Director of Finance, [Della James](#) for more information.

Thanks to The Meakem Group for providing this information and supporting CMR and our friends and benefactors.

COMEDY NIGHT

*to benefit CMR's
 Mansfield Kaseman Health Clinic*

Featuring SIMONE

Opening Performers:
 Robert Mac, Bridget Gelran



Thursday, Oct. 18

**Temple Beth Ami
 14330 Travilah Road,
 Rockville**

Purchase tickets by 10/16/18

Doors open 6:00pm * Botanero Buffet 6:30pm * Show 7:00pm

Sponsorship opportunities are still available!

Please contact [Andrea Kempner-Wink](#) or [Cheryl Kagan](#) for information.

Comedy Night to Benefit the Mansfield Kaseman Health Clinic is less than two weeks away! Headliner Simone has performed stand-up comedy locally at our first Comedy Night last year, the DC Improv, DC Drafthouse, and the Kennedy Center, nationally at Comic Strip Live and Laughing Buddha's Village Lantern in New York; at Comedy Store in Los Angeles; and internationally in London, Paris and Capetown. Robert Mac (last year's headliner) will warm up the crowd along with Bridget Geiran.

The event will be conveniently located at Temple Beth Ami, where Monte Carlo Nights were held previously. Buffet dinner from Botanero Restaurant is a new addition this year, and guests will be seated at tables for 4, 6, 8, or 10.

In Fiscal Year 2018, the Kaseman Health Clinic provided over 3,000 primary health care, endocrinology, podiatry, gastroenterology, and behavioral health patient visits. It costs the Clinic approximately \$200 per patient visit, only about half of which is covered through County reimbursements and sliding-scale patient co-pay. In addition to patient visits with medical providers, the Clinic offers health education, lab and pharmacy services, as well as mammograms and colonoscopies (through our health care partners). Comedy Night is now our major annual Clinic event that raises funds for these very important services to uninsured Montgomery County adults. **Tickets are still available: [EventBrite Comedy Night](#).**

INTERESTED IN VOLUNTEERING AT COMEDY NIGHT?

Contact [Andrea Kempner-Wink](#) for more information

Registration * Welcome Guests * Bar Service * Buffet Service * Organization

ELDERLY MINISTRIES PROGRAM AT 35 **Adding a Chairlift Allows Ms. C to Age In Place**

CMR's Elderly Ministries Program is well known for providing home care services to Rockville Seniors who are aging in place. The program contracts with home care organizations to provide weekly services in light housekeeping, household chores and some assistance with personal hygiene, at no cost, so seniors remain safe and comfortable.

In addition to home care, Elderly Ministries assists with larger projects that help our seniors stay in their homes. Projects have included purchase and installation of a furnace, remodeling a bathroom to be disabled accessible, installation of grab-bars and much more.



Recently, with the help of partner organizations, Elderly Ministries was able to have a chairlift installed in the townhouse of a client.

Ms. C. is no longer able to go up and downstairs in her townhouse due to increasing health issues. In the past months, she has been living in her 2nd floor bedroom. Ms. C. moved a small refrigerator and microwave into her bedroom so she would not have to go downstairs to the kitchen for meals. She would keep her door locked, but leave the keys on the sill between the storm and front doors. That way her friends, family, and case workers who bring groceries and provide other assistance could enter as needed.

With the help of Montgomery County's Health and Human Services, Elderly Ministries connected with Independence Now, a local organization dedicated to assisting those living with disabilities. Together, the two organizations

hired O'Neill Stairlifts to install a chairlift in Ms. C's home. O'Neill provided a wonderful discount, Independence Now paid a large portion of the cost, and Elderly Ministries covered the balance. Ms. C. can once again comfortably prepare meals in her kitchen and answer the front door when she has visitors.

For more information about CMR's Elderly Ministries, see [our website](#).

ROCKVILLE REWARDS CARDS ARE AVAILABLE

If you have not purchased your Rockville Rewards Card for 2018-19, you are still able to do so! Support CMR and our Rockville Emergency Assistance Program (REAP) by purchasing a Rockville Rewards card from us. Present this Buy Local savings card at over 150 Rockville businesses and save on everything from dining to events through August 31, 2019!

CMR keeps 100% of the \$25 Rockville Rewards sales price and you enjoy growing your local economy and saving money. One Card, three rewards! Cards are valid now through 8/31/19 and can be purchased by stopping by our office at 1010 Grandin Avenue, #A1 during regular business hours, calling (301-637-0730), or emailing [CMR](#) to arrange for purchase (we will mail the cards to you). For a list of current businesses that accept Rockville Rewards and the discounts they offer, please see [Rockville Rewards](#).

One more option: after looking at the website, click [here](#) to see all the Rockville Rewards information, and purchase a card online directly from Rockville Rewards. Choose Community Ministries of Rockville from the pull-down menu so the proceeds from your purchase go to CMR's Rockville Emergency Assistance Program



CMR's
Elderly Ministries Program

35th
 ANNIVERSARY

Luncheon

NOVEMBER 9, 2018
12:00 - 2:00 PM

Rockville Senior Center
 1150 Carnation Drive, Rockville, MD 20850

Be Our Guest and Celebrate with Us!

CMR's Elderly Ministries Program celebrates 35 years of serving lower income, vulnerable senior citizens this November! To mark this milestone, please join our program staff, clients, volunteers, and supporters for a luncheon on Friday, November 9.

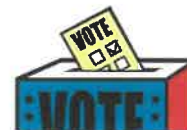
This event is FREE but you must register by November 7 to attend.

[REGISTER FOR THIS FREE CELEBRATION](#)

**MONTGOMERY COUNTY BOARD OF ELECTIONS IS
 LOOKING FOR ELECTION WORKERS ON NOVEMBER 6
 All Ages Needed**

CMR Language Outreach Program (LOP) provides education for immigrants with English as a Second Language and Citizenship Test Preparedness classes. Through this program, CMR provides our clients and supporters with information regarding the right to vote in local and federal elections.

Currently the Montgomery County Board of Elections is recruiting residents of all ages to help at the polls on Tuesday, November 6, 2018.



The organization is looking for students in grades 6 - 12 for the "Future Vote Program;" students 16 years old and older, and adults, to serve as poll workers; bi-lingual residents who can serve at the polls. For specific information about the requirements and time commitment for positions, please see [Board of Elections](#) or call 240-777-VOTE.

Remember Early Voting is available at specific polling locations from Thursday, October 25 through Thursday, November 1. On Election Day, November 6, all polling sites will be open from 7:00 a.m. - 8:00 p.m. and that day, one may only vote at the polling location where registered.

PROVIDE ASSISTANCE DURING HOLIDAYS FOR THOSE IN NEED Opportunities for Thanksgiving and December Holidays

The winter holidays are fast approaching and CMR is once again preparing to offer Thanksgiving meals to over 250 local families followed by children's gifts and holiday meals for about 100 families for the December holidays.

As part of the Montgomery County Holiday Giving Coalition, CMR commits to serving all needy families within specific areas of the County. Other non-profit and faith groups serve the rest of the County. Each of the partners collect donations and serve their list of residents in the way that works best. All meals, toys, and gift cards CMR provides are donated by our generous supporters.



CMR will distribute Thanksgiving Baskets on Sunday afternoon, November 18. December distribution will take place late in the week of December 17.

In the past several years, CMR has been able to commit to serving additional Montgomery County residents who are not being served by other organizations. There are still hundreds of families each year that request Thanksgiving or December assistance but do not receive it, because of the available capacity of Holiday Giving Coalition members.

Please consider committing to provide a Thanksgiving meal basket, a December meal basket, gift cards and/or toys to our neighbors in need through CMR. A list of suggested basket fillings and additional Holiday Giving information can be found at [Holiday Giving](#). Contact [Andrea Kempner-Wink](#) to volunteer for distribution or organizing, with questions, or for more information.

Mark Your Calendar!

Thursday, October 18, 6:00 p.m. - 10:00 p.m.
Comedy Night to benefit Mansfield Kaseman Health Clinic
 Temple Beth Ami
 14330 Travilah Road, Rockville, MD

Friday, November 9, 12:00 p.m. - 2:00 p.m.
Elderly Ministries 35th Anniversary Luncheon
 Rockville Senior Center
 1150 Carnation Drive, Rockville, MD

Sunday, December 15, 8:00 p.m.



National Philharmonic Singers Christmas Concert to support CMR

Christ Episcopal Church
107 S. Washington Street, Rockville, MD

Saturday, December 22, 6:00 p.m.

CMR's Client Holiday Party

St. Raphael Catholic Church
1513 Dunster Road, Rockville, MD

SPOTLIGHT ON VOLUNTEER OPPORTUNITIES

ONE TIME OPPORTUNITY: COMEDY NIGHT VOLUNTEERS Needed Thursday, October 18 from 4:00 p.m. - 10:00 p.m. Some shifts that begin later are available. Help set up, welcome guests and entertainers, assist with food and beverage service, clean-up, etc.

EVENT ORGANIZER/DEVELOPMENT ASSISTANT needed through the winter and spring. Hours are flexible but are during the standard work day at our CMR office at 1010 Grandin Avenue. Assist with organizing Holiday Giving, the Client Holiday Party, Gala preparations, year-end activities, and much more.

CLIENT INTAKE COORDINATORS for Rockville Emergency Assistance Program (REAP). Are you a compassionate, detail-oriented person with a desire to help those in need? Work a four-hour shift weekly during business hours (current shifts available 1pm-5pm) to help us assist Rockville residents facing eviction; provide County residents with referrals for low-cost dental and other services; and much more. Training is provided.

FRIENDLY CALLERS for Elderly Ministries Program. Call the same client(s) each week to check in, chat, and confirm that the client received home care services. Listen for changes in cognitive abilities, learn of any changing physical conditions, and be a friendly, caring voice. Depth and length of each conversation is based on the desire of the volunteer and the client.

TRANSLATORS at the Kaseman Health Clinic are needed for four-hour shifts once each week between the hours of 9am and 5pm. Openings currently on Monday afternoon, Wednesday afternoon, Thursday and Friday. Help us ensure that our providers and patients can communicate clearly. Confidentiality is required.

DONATIONS REQUESTED:

For Kaseman Health Clinic and Housing Program:

- C-Fold Paper Towels, Paper Towels, Hand Sanitizer,
- Antibacterial Hand Soap, Trash Bags, Disinfecting Wipes,
- Scouring Powder, Window Cleaner, Facial Tissue, Bleach,
- Toilet Bowl Cleaner, Dishwashing Liquid



For more information about these opportunities and others, please visit our [Volunteer Page](#) or contact [Andrea Kempner-Wink](#) at 301-637-0172.

Thanks to CMR's Board of Directors!

Interim Vice Chair Paul Love, President and Executive Director Agnes Saenz,
Judy Ackerman, Rae Pearl Canizares, Robert Dorsey, Angeline Lazarus,
Frank Molony, Rouzanna Oganissian, and Carrie Yearick
Ex-Officio Mary Jane Joseph, Chair, Kaseman Health Clinic Board

STAY CONNECTED:



CMR - Community Ministries of Rockville

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